

PETERS TOWNSHIP SCHOOL DISTRICT

CORE BODY OF KNOWLEDGE (CBK)

PHYSICAL EDUCATION

GRADE 4

For each of the sections that follow, students may be required to understand, apply, analyze, evaluate or create the particular concepts being taught.

COURSE DESCRIPTION: Fourth grade physical education focuses on educating our students in a variety of ways. Through physical education, students will be able to practice skills in sports and games, but also will be able to implement essential everyday skills. These skills include teamwork, sportsmanship, respect, attitude, communication, cooperative play, and responsibility.

CLASS EXPECTATIONS:

- Participate and try all activities
- Come to class with a positive attitude
- Follow class rules and safety guidelines
- Sportsmanship and teamwork are essential to everyday success
- Proper dress for each class

MAJOR UNIT THEMES:

- Soccer
 - Dribbling
 - Passing
 - Trapping
 - Shooting
 - Punting
 - Goaltending (defense)
 - Throw-ins
 - Offensive/Defensive strategies
 - Teamwork and sportsmanship
 - Rules and regulations
- Basketball
 - Dribbling
 - Passing
 - Shooting
 - Triple threat
 - Defense
 - Offensive/defensive strategies

- Teamwork and sportsmanship
- Rules and regulations

- **Hand Eye Coordination/Cooperative Games/Fitness Activities**

- **Variety of games/activities geared to practice hand eye coordination**

- **Variety of games/activities focused on cooperative play**
 - Baseball, softball, kickball
 - Dodgeball games
 - Flag football
 - Tennis
 - Bowling
 - Frisbee
 - Tag Games
 - Scooter activities
 - Parachute
 - Team sports
 - Knockout (basketball)
 - Team building activities
 - Teamwork and sportsmanship
 - Rules and regulations

- **Hallway/Classroom Activities**
 - **Variety of games/activities when gymnasium/field not available**
 - Rockwall activities
 - Heads up 7 up
 - Silent Ball
 - 4 Corners
 - Cooperative games

MATERIALS (and Supplemental materials used in course):

- FitnessGram
- NFL Play 60

Revised September 2014